

# Small Talk

AUTUMN 2020



Welcome to the Autumn 2020 edition of our newsletter, bringing you seasonal and topical information and updates.

## PRACTICE NEWS - 3 WEDDINGS , A BABY AND A VIRUS.

We would like to thank all our clients for their patience and understanding at this difficult time. Covid 19 has brought lots of challenges and it has certainly not been business as usual. 2020 was to be a busy year at Hafren with 3 weddings scheduled - unfortunately these had to be postponed but we send all our love and best wishes to George, Ali and Emma and know that 2021 will be exciting for you all.

Good luck also to our student nurses, Sam and Joezie on their forthcoming exams- we've got everything crossed for you.

Finally some news to celebrate with the safe arrival of a beautiful bouncing baby boy for Joedie (Head RVN) and Andrew- hope he's a good sleeper- congratulations.

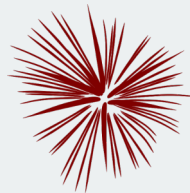
All our practices are inspected by RCVS practice standards a voluntary inspection to ensure we are providing the best standard of care - we are

## WINTER SURVIVAL GUIDE

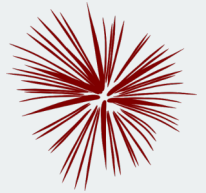
Surviving the winter months can be a challenge for many pets, so here are a few tips to keep your pet healthy at this time of year.

**OBESITY ALERT** - With the nights drawing in, the awful wet weather and the hectic festive period it can be more difficult to find the time to walk your dog and cats may be more inclined to stay in front of the fire rather than get put and about . Excess weight can have a multitude of adverse effects including heart disease and diabetes.

**ATHRITIS ALERT** - as well as checking weight we should keep an eye out of joint stiffness , difficulty in rising/jumping and pain which can be made worse by cold weather and also by carrying extra weight. Our nurses can advise you on all aspects



## SPARKY SOLUTIONS



Every year thousands of pet suffer as a result of fireworks. Animals have acute hearing and the sudden bangs, wails and flashing lights can be terrifying for them. There are lots of ways owners can help to reduce this fear and an advice sheet is available from the surgery. Medication is also available for those who are severely affected and sound desensitisation programmes can also be very useful. Fireworks can happen at anytime of year so a long term programme to help our pets cope is the best solution.